



Forrestfield Primary School Newsletter



Dear Parents, Students and Community Members,

All parents will have received news that Mrs Julie Parker sadly passed away at home last week. Mrs Parker has taught Year 6 and 7 students at Forrestfield Primary for 34 years as well as being actively involved in network and district sporting associations. Today we held a special Memorial Assembly to share our memories of Ms Parker and to acknowledge her considerable contribution to our school. My thanks to our school community – past students, parents, teachers and principals for joining us and to members of our P&C for assisting us with catering. My thanks also to our staff for organising a wonderful tribute to a wonderful teacher.



As we countdown to the end of the year, all teachers are busy writing their Semester 2 reports. Over the next few weeks we will be setting up classes for the 2016 school year. At this stage, our 2016 classes are expected to be Kindy, Pre Primary, Pre Primary/Year 1, Year 1/2, Year 2/3, Year 3/4, Year 4/5 and Year 5/6. If you have a **request for a particular class placement** for your child, please put it in writing and address it to me. All requests must have sound educational reasons.

To help us to predict classes for next year, I also ask that you **inform the school office if your child/children will not be returning next year.**

IMPORTANT DATES

NOVEMBER

18	Parent Newsletter
23	Interm Swimming Commences 23rd November to 4th December
24	DRLC Citizenship Awards Night
25	School Council Meeting 1.00pm—3.00pm
DECEMBER	
2	Parent Newsletter Student Assembly. P&C Meeting following the assembly
11	School Reports home Kindy B Group (Monday 14th December)
14	Year 6 Graduation
16	Concert and Awards Night
17	Last Day of School for students

Following the Executive Report from our recent Expert Review Group visit, we have commenced planning for school improvement. A Project Management Leadership Team has been set up and we have grouped the Improvement Recommendations and Strategies under three headings—

- Teaching and Relationships
- Leadership
- Learning Environment and Resources

These areas will form the basis of our improvement plan for the next three years. I will keep our school community informed of our progress.

I am delighted to inform you all that our school has been accepted in the third Cohort of schools in the **Fogarty EDvance Program**. We are excited to be a part of this innovative program for the next three years.

Diane Greenaway **PRINCIPAL**

TED ASSEMBLY

Congratulations to all our award winners.

Our next student assembly will be held on Wednesday 2nd December in the under covered area. Everyone is very welcome to join us.

Honour Certificates

Rm 1	Nephi Hulton, Ella Whapshott
Rm 2	Naveed Juma, Cahil-John Penny
Rm 4	Ellouise Daisley-Green, Rowan Dyson
Rm 12	Miley Dyson, Sarah Jafari
Rm 13	John Narrier, Ali Rajaey
Rm 16	Lynden Fullwood-Miles, Killian Connors
Science	Reyan Lopez, Dustin Brown
Music	Cahil –John Penny, Lescyn Murace

TED/Virtues Certificate

Rm 1	Halle-Rose Abraham, Haylee Clemett
Rm 2	Sariah-Dawn Hulton, Ritamae Kickett
Rm 4	Seskep Bero, Saira Finlay
RM 12	Adrian Howe, Tanaka Chiwawa
Rm 13	Natasha Badoola, Ataullah Rohullah



From the Deputies Desk.

It has been a fortnight of mixed emotions at Forrestfield Primary School. The passing of Mrs Parker just further reinforced what a fantastic culture we have at Forrestfield and the amazing impact that our staff and school have on those who are a part of our environment. I was very proud of the efforts of our students and how their behaviour through the week, culminating in today's memorial service, reflected what outstanding ambassadors they are for our school. Equally our staff pulled together to organise a heartfelt tribute to a friend and colleague with whom, many have spent a considerable part of their lives. I would like to publicly thank them for their efforts. Don't forget that swimming lessons are starting Monday, and if you haven't already, you need to get permission slips and payments into the office as quickly as possible. The ability to swim is a very important skill within the fabric of Australian culture and I would encourage all students to participate. If you are having trouble with the \$50 payment during what is an already expensive time of the year, please speak to myself or our front office staff to discuss payment options.

Just remember only 21 days of school left until that long holiday we are looking forward to so much. Every day is important so make sure you tough it out to the end, and I look forward to seeing every smiling face every day and look for me for a high 5 on the veranda.

MY SCHOOL RULES

Ella, Czanelle and Dustin from Room 1 recently took part in the My School Rules academic competition at Darling Range Sports College.

All schools in the Darling Range Learning Community also participated. The students had lots of fun competing to be first to hit the buzzer as they answered questions through each round. Mrs Schembri, the Network Co-Ordinator, emailed Mr O'Connor and said,

'The students who came to participate today were outstanding in their academic knowledge, enthusiasm, teamwork and sportsmanship.'

Well done to those students and good luck to next year's competitors.



**MRS JULIE PARKER**

Teacher at Forrestfield Primary School 1981 to 2015



Mrs Parker's daughter, Megan and sister Robin attended the morning tea after the Memorial Assembly.

CHAPLAIN'S CORNER

During this sad time at Forrestfield, with the death of Julie Parker, here are the seven stages of grief that you may go through. Please acknowledge each step as you go through them.

SHOCK & DENIAL-

You will probably react to learning of the loss with numbed disbelief. You may deny the reality of the loss at some level, in order to avoid the pain. Shock provides emotional protection from being overwhelmed all at once. This may last for weeks.

PAIN & GUILT-

As the shock wears off, it is replaced with the suffering of unbelievable pain. Although excruciating and almost unbearable, it is important that you experience the pain fully, and not hide it. You may have guilty feelings or remorse over things you did or didn't do with your loved one. Life feels chaotic and scary during this phase.

ANGER & BARGAINING-

Frustration gives way to anger, and you may lash out and lay unwarranted blame for the death on someone else. Please try to control this, as permanent damage to your relationships may result. This is a time for the release of bottled up emotion.

"DEPRESSION", REFLECTION, LONELINESS-

Just when your friends may think you should be getting on with your life, a long period of sad reflection will likely overtake you. This is a normal stage of grief, so do not be "talked out of it" by well-meaning outsiders. Encouragement from others is not helpful to you during this stage of grieving.

THE UPWARD TURN-

As you start to adjust to life without your dear one, your life becomes a little calmer and more organized. Your physical symptoms lessen, and your "depression" begins to lift slightly.

RECONSTRUCTION & WORKING THROUGH-

As you become more functional, your mind starts working again, and you will find yourself seeking realistic solutions to problems posed by life without your loved one

ACCEPTANCE & HOPE-

During this, the last of the seven stages in this grief model, you learn to accept and deal with the reality of your situation. Acceptance does not necessarily mean instant happiness. Given the pain and turmoil you have experienced, you can never return to the carefree, untroubled YOU that existed before this tragedy. But you will find a way forward.

Feel free to contact me on my email:

chrisj@youthcare.org.au if you have any questions. Also you can see me around the school on Tuesday and Wednesday.

Chris Judd

Chaplain

The Chaplaincy position at Forrestfield Primary School is funded by the Australian Government Department of Education, Employment and Workplace Relations under the National School Chaplaincy and Student Welfare Programme. The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment and Workplace Relations

P & C NEWS

The canteen will be open this Friday the 20th November with their brand new menu. Including old favourites like sausage rolls, beef or chicken pies and a very tasty summer fruit cup. Remember ice cream cones are only a \$1.00.



The next P&C meeting will be held on Wednesday 2nd December following the assembly. New members are always welcome.

Come along and support your students.

Department of Education Vacation Swimming Program 2015 –16

Swimming pools and beaches are a part of the Western Australian lifestyle. It is so important for your children to learn to swim properly and develop essential water safety skills.

Enrolment can be completed online.



SCHOOL SECURITY

We ask parents to ring **School Security on 1800 177 777**

if you see suspicious activity after school hours. Please help us look after our school.