



Forrestfield Primary School Newsletter



Dear Parents, Students and Community Members,

This week **Lisa Fernandez** visited our school to film live crosses from our garden during **Today Perth News**. Children and teachers arrived early Monday morning to set up for a 7.00am filming. They then cooked breakfast for Lisa in the kitchen before filming again at 8.30am. Lisa was delightful to work with and I'm sure that you can see how much our children enjoyed her visit on page 3. You can see Lisa and our children at;
<https://www.youtube.com/watch?v=qv74SPU9ir0\>
<https://www.youtube.com/watch?v=fV9PoL0n1Pw>
 We thank the parents of all students who were a part of filming for organising an early school arrival.



Have you downloaded our **Shareability app**?

iPhones—go to iTunes App Store to download.

Android—go to Google Play Store to download.

We are now sending out push notifications directly to your phone to inform you of what is happening at school. You can also find this week's colourful newsletter under the "Newsletter" section of the app.

Mr Johnston, our school chaplain is currently coordinating our **Sharing a FootHills Christmas hamper collection**. All donations can be made to the school office.

Diane Greenaway

PRINCIPAL

IMPORTANT DATES

NOVEMBER

20	1.45pm P&C Meeting
24	Swimming Lessons commence
25	Edu-Dance
26	Student Assembly
28	1.00pm School Council

DECEMBER

1	Swimming Lessons continue
2	Edu-Dance
3	Newsletter
9	Edu-Dance
10	Pre-Primary TED Assembly

Scholarships to help families with children in secondary school now available for 2015

The Department of Education coordinates scholarships that provide financial support to eligible children in secondary schools to help with their studies.

Applications for a number of these scholarships are now open for next year (2015) and close on Wednesday 31 December 2014.

Further details and application forms are at education.wa.edu.au. If you do not have access to the internet, please let the front office know and we can send you the details or you can pick them up.

SCHOOL WATCH

School Watch encourages the school community to report any suspicious activity in and around school grounds, after hours and on weekends, as well as during school holidays. Telephone 1800 177 777 (free call) or 13 14 44 (WA Police).

ROOM 9 TED ASSEMBLY

Congratulations to the Year 5/6 children in Room 9 for leading the assembly last week. The children had been learning about the skeletal system and their assembly was based on this theme with interesting facts, jokes and tabloids. Congratulations also to all award winners below.

Parents are welcome to attend our next Student Assembly on Wednesday 26th November.



Writer of the Month

Rm 2	Madelyn Duff, Katelin Holland
Rm 4	Ethan Vidich, Maddy Batchelor
Rm 9	Dylan Cato, Cayleb Kingi
Rm 12	Sean Mandizvidza, Dayna Plese
Rm 13	D'jiva Knight, Alexis C-Wineera
Rm 16	William Kelly, Aimee Ward

Virtues Vouchers - Honesty

Rm 2	Kuini Bavadra, Selena Toleafoa
Rm 4	Ella McIntosh, Breanna Urbanek
Rm 9	Chaana Plese, Brett Maher
Rm 12	Celeste Pereira, Jack Fernie-Keep
Rm 13	Antwon McDonald, Teukava Finau

Honour Certificates

Rm 2	Natasha William, Callum Sharp
Rm 4	Jason Bai, Jazlyn Peters, Damien Bradshaw,
Rm 9	James Bradshaw, Sian Lopez
Rm 12	Brenton Wedge, Germano Masino
Rm 13	Jemima Dhungula, Zach Hansord
Rm 16	Andrew Marshall-Johns, Dylan Mandizvidza,
Music	Sara Anderson, Zuzanna Murawska
Cooking	Bianca Batty, Chloe Smith, Saint Barnes
LOTE	Jeanelle Peyroux, Saint Barnes, Happiness



REMINDER INTERM SWIMMING STARTS NEXT WEEK

Interm Swimming starts on Monday next week. Permission slips and money to be returned to the school this week.

RAFFLE RESULTS

Congratulations to the following people who were the lucky winners in the P & C Spring Raffle.

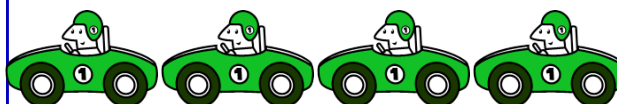
1st Sheree Pracy—13 Lap Rally Drive

2nd Cugini Family—Gardening Pack

3rd Casey Slater—Meat Pack

4th Cugini Family—Lotteries Pack

The P&C, Staff and Students would like to thank **Mark's Home Hardware, Williams Meats and Lotteries WA** for their donations which helped to make this raffle a wonderful success





Channel 9 visit our garden



YOU MATTER !

We all need to realise and live out our supreme value as human beings every day. This is the foundation of our respect for ourselves, for others, and for our environment. The most important "felt" needs in every person are the need to be loved, to belong, and to be significant. However, we live in a society that tends to devalue human life more and more. Apart from that, we come into this world as totally vulnerable newbies with no pre-loaded software. Babies and children can only receive their value from what they experience while growing up. Even us adults can depreciate our own value quite easily in the world of comparisons. We all need healthy supportive relationships with the significant people in our lives, where we can be treasured, protected, and nurtured.



An Englishman from the 1800's, Sydney Smith, said that "Life is to be fortified by many friendships. To love and to be loved is the greatest happiness of existence." It is never easy to love, because love is to benefit another at the expense of our own comfort or pleasure. As parents, we sometimes struggle to be consistent in expressing that love, such as when our children test their boundaries. But the surprise result of unselfishness is the fulfilment of mutual value, and the treasuring of one another. Our own past pain as an adult can be diminished in giving of ourselves to our offspring, and someone once said that "The soul is healed by being with children."

We can survive with only the bare essentials to sustain us, but our strength soon fades away without somewhere to belong. Children especially need a place to call home and someone they belong to. We are all vulnerable at some times, but our little ones need to be protected from all kinds of harm, physical, mental, emotional, or spiritual. To belong is to be valued enough to be protected from what is wrong. Contented children are safe children who know who they are. As Henry Van Dyke said, "Happiness is inward, and not outward; and so, it does not depend on what we have, but on what we are."



When we nurture one another we realise our individual significance as part of a family and community. Children need us to be truly with them on their journey as they grow up, from infants right through to adulthood. Rachel Carson put it this way, "If a child is to keep his inborn sense of wonder, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement and mystery of the world we live in." Being treasured, protected, and nurtured frees us and our children to utilise our delightful value and our unique potential as a person. As the Indian PM, Jawaharlal Nehru, once said, "We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures that we can have if only we seek them with our eyes open."

Wishing you and your family real love, belonging and significance, from your school chaplain Paul Johnston, here for our school community on Mondays and Tuesdays.

The Chaplaincy position at Forrestfield Primary School is funded by the Australian Government Department of Education under the National School Chaplaincy and Student Welfare Programme. The views expressed herein do not necessarily represent the views of the Australian Government Department of Education.

WATERWISE TIP OF THE WEEK— TAKING BATHS

Baths are great for a relaxing soak but they use a lot of water. A standard bath uses on average 160 litres of water, however a 7 minute water efficient shower uses approximately 60 litres, a saving of 100 litres.

If you are renovating or buying a new home look at fitting a deep, narrow bath and have it fully insulated to retain the temperature. This will reduce the need to top up the bath if it starts to cool.

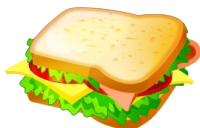


ZERO WASTE LUNCH DAY

Every Wednesday this year our School is holding Zero Waste Lunch Day !!!!!

We encourage all children to bring their lunch and recess in a re-usable container— like a lunch box or takeaway plastic food container. Please try not to use any plastic wrap like Gladwrap, plastic wrappers, plastic bags etc.

Zero waste lunch days are linked to our Sustainability Focus for 2013 and makes kids and parents aware of what we throw out and our need to recycle as much as possible.



VIRTUES AND BEHAVIOUR FOCUS

Our focus virtue is currently **KINDNESS**

and our focus behaviour is

"Entering and Exiting the School Grounds"

We ask that parents reinforce these at home with their children.



When we enter and exit school grounds we ...

1. Walk onto, and away from school grounds in a respectful, responsible and safe manner.
2. Carry our bag, and other belongings responsibly.
3. Are not to play on playground equipment before or after school.
4. Report to the front office if you have not been picked up.