

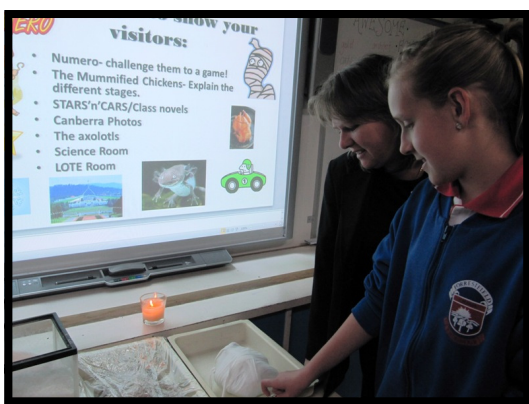


Forrestfield Primary School Newsletter



Dear Parents, Students and Community Members,

This week's newsletter features our Faction Sport's Carnival and Open Night. Our **Open Night** was a great success and I thank all families who came to school to see their children's work. We hope that you visited your child's classrooms and our Science, Music and LOTE rooms to view the colourful work displays. In an Open Night setting it is not possible to discuss your child's progress. Parents are invited to ring the office and make an appointment with the class teacher.



Faction Sports Day was a huge success last Wednesday. Mr O'Connor and staff ensured the event ran smoothly, and we were delighted to have the support from Mr Richards and the Year 12 students from Darling Range Sports College. They capably judged place winners and awarded ribbons as well as winning the Parent, Staff and Student fun event.

Our thanks must also go to our wonderful P&C who organised the sausage sizzle and Hamper Raffle. Congratulations to Green Faction for winning the event and to all Champions and Runners Ups. The photos on page 3 reflect the wonderful team spirit and the fun had by all.

IMPORTANT DATES

SEPTEMBER

16	Arts on Show Concert 7.00-10.00pm (Selected students)
18	Interschool Athletics—Jumps
20	Interschool Athletics
25	Parent Newsletter TED ASSEMBLY ROOM 4
27	Last Day of Term 3

**Term 4 begins Tuesday 15th
October**



As a part of our ongoing focus to improve our school we are surveying parents, students and teachers over the next few weeks. This year we will be sending surveys to a random sample of parents. The results of all surveys and our improvement strategies will be published in our 2013 School Report.

All parents are invited to our next assembly on Wednesday 25th September, where Room 4 will be presenting an item.

Diane Greenaway - PRINCIPAL

FORRESTFIELD PRIMARY SCHOOL

HIGHLY COMMENDED AWARD

Forrestfield Primary School has won a Highly Commended Award for its Waste Wise and Sustainability programs. Ms Greenaway accepted the award on behalf of the school community at the recent Infinity Awards presentation night, held at the State Reception Centre. Mr Nathan Moreton attended the night and made mention of our amazing Community Garden and Sustainability Programs in his speech.

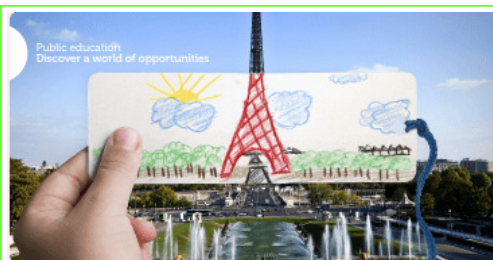
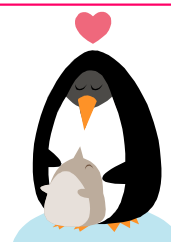
Waste Wise Schools
Winner Coolbinia Primary School
 Highly Commended Kojonup District High School
 Highly Commended Forrestfield Primary School



POSITIVE PARENTING PROGRAM

Just a quick reminder that next week is the final week in the Positive Parenting Program. This program has been a great success, and we are currently looking at running it again in the future.

We would like to thank all parents that attended the program and made it the wonderful success that it was.



Premier's Summer Reading Challenge 2013-2014
 (in support of the Multiple Sclerosis Society of WA)

Where will reading take you?

About the Challenge

Welcome to the Premier's Summer Reading Challenge (in support of the Multiple Sclerosis Society of WA) 2013-2014!

From **2 December 2013 until 31 January 2014** (nine weeks), children are challenged to read or be read to for at least 15 hours. That is just 15 minutes a day.

The Challenge is open to all Western Australian children from birth to Year 10.

Families can all have fun reading this summer by completing the Challenge together.

Parents can enter the Challenge this year by reading to their young child (birth to Kindergarten age).

Everyone who completes the Challenge will get a certificate from the Premier of Western Australia and will go into the final prize draw.

Take up the Challenge this summer and discover where reading will take you!

BOOKMARK COMPETITION

As part of the Challenge this year, students from Kindergarten to Year 10 have the opportunity to design a bookmark based on the theme "Reading takes you Places". The winning design will be made into a bookmark and distributed to thousands of schools and libraries across Western Australia. Entry forms and information was sent home with your children yesterday.

KINDERGARTEN 2014

We are still taking enrolments for Kindergarten for children born between 1/7/2009 to 30/6/2010.

Application forms are available from the School Office or from our Website: www.ffps.wa.edu.au

If you have any questions or would prefer a form posted to you, please call the school on 9453 6277



FACTION ATHLETICS CARNIVAL 2013



HOPE IS AN OPEN HEART

Despite the approaching warmth and sunshine of Spring, we all have days when everything seems dark and cold, when hope and determination feel far away. Those times when life and its hard knocks start to get us down. Thankfully, little bits of encouragement and comfort can come to us in many ways, helping to empower us towards overcoming the sadness in our past and present by lighting a tiny candle in our room. And even a small amount of light can open our hearts to the better, brighter possibilities of tomorrow.

While we have been running the BUZ Hope program here at our school, I have been thinking about some of the sad things we all go through, and the things that help us survive, hope, and grow. One of the resources we use in the program is the simplicity of a story, especially one with pictures. This week we read and saw a wonderful little book called "The Power of Hope" by Lauren Thompson. Her book shares lots of emotions that can go through a child's heart. Things like courage and fear, anger and love, sadness and joy, loneliness and companionship. The story lets children see that all of their emotions are part of our normal human experience, and that they are all healthy and good. It encourages a hurting child to allow hope to move them from tears to joy, from anger to understanding, from emptiness to contentment.

Lauren says at the end of her book, "Everyone needs hope in order to thrive. Hope is what helps us find the good in any situation and carry that with us into the future. I think that we are all born with a powerful sense of hope within us, along with a hunger to learn and a yearning for love. But hope needs to be nurtured to stay strong." An amazing feature of her book is the fact that all of the people in its pictures have recently survived traumatic situations of some sort, such as hurricanes, earthquakes or wars. And each one illustrates the latent potential of hope in our lives.

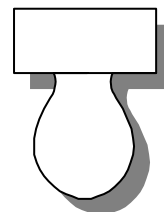
Here are some more memorable quotes from the pages of her book: "Hope is sad tears flowing, making room for joy... Hope is scared words asking for help, and finding that help is there." "Hope is a heart that is open to the world around. Hope is knowing that things change - and that we can help things to change for the better." "Hope is always there inside you, waiting to unfold." So, on that note, I wish you and your dear family a huge dose of encouragement to hope this week, from your school chaplain Paul Johnston, here for you at Forrestfield Primary on Mondays and Tuesdays, I hope!

The Chaplaincy position at Forrestfield Primary School is funded by the Australian Government Department of Education, Employment and Workplace Relations under the National School Chaplaincy and Student Welfare Programme. The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment and Workplace Relations.



WATERWISE TIP OF THE WEEK- Fix a leaking toilet

A leaking toilet can be extremely wasteful, losing up to a litre an hour. If this is left unchecked for a year this will waste approximately 9,000 litres of water. To check your cistern, place a few drops of food colouring in the tank. Without flushing it, look for colouring in the toilet bowl. If it's getting through, you've got a leak, and it's time to call a plumber. By stopping a leaking toilet you can save approximately 9,000 litres of water a year.

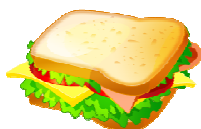


ZERO WASTE LUNCH DAY

Every Wednesday this year our School is holding Zero Waste Lunch Day !!!!!

We encourage all children to bring their lunch and recess in a re-usable container— like a lunch box or takeaway plastic food container. Please try not to use any plastic wrap like Gladwrap, plastic wrappers, plastic bags etc.

Zero waste lunch days are linked to our Sustainability Focus for 2013 and makes kids and parents aware of what we throw out and our need to recycle as much as possible.



VIRTUES AND BEHAVIOUR FOCUS

Our focus virtue is currently **SELF DISCIPLINE** and our focus behaviour is **"In the Garden we"**.

We ask parents to reinforce these behaviours.

-  Keep out of the garden beds.
-  Play on hard and grassed areas.
-  Walk on the paths and around the garden beds.
-  Leave flowers and vegetables on the plants.
-  If we go in the garden we are careful.

