



Forrestfield Primary School Newsletter



Dear Parents, Students and Community Members,

We have had a very busy fortnight since our last newsletter.

Students in Years 5 and 7 completed their **WAMSE testing** in Science and Society and Environment. All parents will receive reports of their child's achievement with the Semester 2 report at the end of the year.

Last Friday our school hosted the **Interschool Cross Country**. Mrs Parker did a wonderful job, as always, in organising the event and congratulations go to all our competitors who persevered and competed against students from much larger schools than ours. Special congratulations to—

Year 7 girls—Chloe Cugini 1st and Chelsea Batty 4th
Year 6 boys—Brian Richards 3rd.

A report on all prize winners at the Faction Cross Country will be included in next week's newsletter.

This week we have been visited by Tom Roach, School and Community Development Officer from the West Coast Eagles and Rick 'The Rock' Eagle. Tom and Rick presented an engaging talk which had all students engrossed. Their key message was for all children to be Respectful and Responsible citizens and to remember the 3 R's

- Respect yourself
- Respect your family and
- Respect the Community.

They also focused on teamwork and working together to achieve success.



IMPORTANT DATES

AUGUST

15	Parent Newsletter
15/17	St John's Ambulance Incursion.
20- 24	BOOKWEEK
22	Parent Assembly Yr 7 Vaccinations Bookweek DRESS UP Parade
23	Bunning's Incursion Yr 1's TBC My School Rules Heat 2
28	Red Hill Waste Management Excursion
29	Parent Newsletter Red Hill Waste Management Excursion
31	Fathers Day Raffle Draw

SEPTEMBER

5	Factions Jumps
7	Factions Athletics
12	Parent Newsletter
19	Interschool Jumps

While on the topic of success, I am pleased to announce that our team won their first heat in the Darling Range Learning Community's **My School Rules Competition**.

Well done students. The final scores are on page 3 of our newsletter.

Next week is **Book Week** and Mrs Schreuders and our Literacy Team have organised special reading activities to celebrate the week.

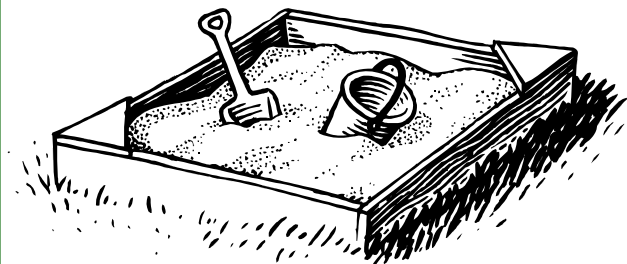
This years' theme is "**Champions Read**" and Anton Hamp from the West Coast Eagles will be visiting our Library to read to classes.

All parents are invited to our **Book Week Assembly** on Wednesday 22nd August. Our Year 7 children will be presenting the item. **Don't forget that it is dress up as your favourite book character day.**

Diane Greenaway- Principal

NEW SANDPIT

Staff and Students from Forrestfield Primary School would like to sincerely thank **Orange Valley Sand Supplies** for their generous donation of new sand for our Pre-Primary/Kindergarten Sandpit.



BURSWOOD CHOIR PERFORMANCE

Photos and DVD's of our Choir's Performance are now available to view and purchase on line.

Please visit STUDIO GALEA, select WAGSMS.

You will need to use password:wagsms2012 to view the photos.

We hope to include several photos of our Choir in the next Newsletter.



ROOM 2 COOKING CAULIFLOWER CHEESE AND BEETROOT MUFFINS

Room 2 had a great afternoon recently, cooking with fresh produce picked from the Community Garden.

Their Cauliflower Cheese and Beetroot Muffins were enjoyed by staff and students alike.



STUDENT ASSEMBLY 8TH AUGUST 2012

At last weeks assembly, the whole school was treated

to an encore performance by our choir students, recreating the spectacular show that they put on at the WAGSMS Burswood Concert. Well Done!

We acknowledged our Sports Stars in the various sports this year. Our fairest and best students this year were as follows: - Cricket - Jack Elsdon & Calib MacArthur, Volleyball - Taylor Slater, Softball - Chloe Cugini, Soccer - Nathan Wylie, Football - Calib MacArthur, Netball—Chelsea Batty.

Congratulations to all our Sports Stars and to all our Honour Certificate recipients.

Our next assembly will be held on 22nd August.



Honour Certificates	
Rm 1	Natalie Clark, Courtney Darcy
Rm 2	Joshua Rigoll, Saira Akbari
Rm 4	Sarah Elsdon, Ari Tilli
Rm 9	Jacilyn Hadley, Omid Juma
Rm 12	Ethan Dehar, Chaana Plese
Rm 13	Ben Vua, Marika Bennell
Rm 16	Abass Akbari, Alicia Toleafoa
Music	Dee Dee Nairube, TK Ndabambi



MY SCHOOL RULES

This term students—Tk Ndabambi (Captain), Sarah Smitt and Caleb Mc Arthur are representing our school in the Darling Range Learning Community My School Rules Competition. We were very proud of the performance of our students in Heat 1 as they came first. The results were;



Forrestfield 40pts

Edney 30 pts

Dawson Park 21 pts

We wish our wonderful team lots of luck in future rounds.



LITERACY

Next week is Book Week and three classes will be going on excursions to Forrestfield Library on Tuesday, Wednesday and Thursday to meet authors of children's books. The theme for this year is "Champions Read" which is timely, the Olympics having just ended.

Wednesday's assembly will focus on children who wish to dress up as a Book Character or a Champion Who Reads..... for a parade.

Prizes will be awarded for clever costumes, and class awards will be presented to the Most Improved Reader in each class.

Our school library has a display of books recommended for awards from the Children's Book Council of Australia.

Forrestfield Primary entered the recent Children's Book Week Art Competition. Congratulations to Masoodah Rauf of Year 7 who was chosen as a prize winner.

Leone Schreuders (Literacy Co-ordinator)



HOW WE FINISH!

So, the Olympic Games have finished for another four years. A lot of effort, a lot of single-minded long-term commitment, a lot of pain, a lot of heartache and a lot of joy is over for a lot of athletes. In each race and each competition there was only one golden winner (or winning team) and there was no prize for coming fourth. We saw an amazing array of events, from the traditional track and field and pool competitions and gymnastics, to the horses and shooting and synchronised events, to the bikes and boats and bmx races, plus all the individual and team games. After two weeks of non-stop variety, it was enough to wear out even the busy spectators!

My favourite parts of the Olympics are the track and field events, mainly because I can relate to competing in them from my old school days of faction sports. The hours of familiar practice, the gradual improvements in personal best, and the thrill of competition over a short time all made it fun. Our big family even used to practice at home, timing ourselves running around the house, setting up high jumps and long jumps in the back yard, and trying to beat our own individual records. At school, the running races were the highlight for me, with the tension and suspense of the starter's gun, the chance to go as fast as you could alongside your classmates, and the joy of crossing the finish line knowing you had done your absolute best.



Years ago, the thing that was impressed upon me everywhere, over and over (and I went to seven different primary schools), was that when you race, you do not stop going as hard as you can, until you have passed the finish line, no matter how far ahead or behind you are coming. What amazed me many times watching the Olympics was the sight of athletes slowing down deliberately before they had finished their race. The commentators would give an excuse, such as "It's only a heat, not the final" or "The athlete is saving their energy for the final," but to me it was such a disappointment to see people quitting before the finish, for any reason. If a race is worth running, it is worth our complete effort from start to finish every time. Who knows, we may even beat our personal best time. But at least we can be pleased that we got to the end doing our best all the way. I think this

attitude works well for everything we do in life – and how we finish will always make a lasting impression!

Wishing you and your family a great finish today and every day, from your School Chaplain, Paul Johnston, here for you at Forrestfield Primary on Mondays and Tuesdays each week.

The Chaplaincy position at Forrestfield Primary School is funded by the Australian Government Department of Education, Employment and Workplace Relations under the *National School Chaplaincy and Student Welfare Programme*. The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment and Workplace Relations.

ZERO WASTE LUNCH DAY

Parents and students are reminded that every Wednesday is now Zero Waste Lunch Day. We have seen a significant reduction in the amount of waste generated at this school since the introduction of Zero Waste Lunch Day. It's a fantastic effort—Keep It Up!!



WATERWISE TIP OF THE WEEK—USE A DUAL FLUSH TOILET SYSTEM

The toilet uses 24% of water inside the home. By installing a dual flush system a household could use 75% less water than a standard single flush toilet.

Single flush toilet approximately 44,000 litres a year

Dual flush toilet = approximately 11,000 litres a year

This leads to savings of 33,000 litres a year.



CYBERSAFETY TIPS FOR PARENTS AND STUDENTS

Explain that once a picture is sent online they lose control of what is done with it (it may never be completely removed from the Internet)



VACSWIM 2012-2013

VacSwim gives you and your family the opportunity to access high quality, affordable swimming classes to ensure your children learn to swim properly and develop essential water safety skills. See postcard sent home last week or visit www.det.wa.edu.au/swimming for more information.

